

This policy was developed in response to Sex and Relationship Education Guidance DfES 2000, the National Teenage Pregnancy Strategy and National Healthy Schools Programme. The Consultation Process Has Involved:

- Pupil focus groups with pupils in year 7-11 who attended Burnside / school council
- Consultation with parents / carers
- Review of RSE curriculum content with staff, pupils and parents /carers
- Consultation with wider school community e.g. school nurse, EDS,
- Consultation, agreement and implementation with, of policy by school governors
- Engagement in CPD provided by Education Development Services (PSHE co-ordinator)

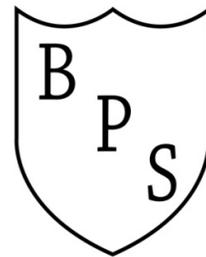
If you have any comments or questions about this policy please contact the head teacher:

Burnside Primary School

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Burnside Primary School



Relationships and Sex Education Policy



What Is Relationships and Sex Education? (RSE)

RSE is lifelong learning about physical, sexual, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care, for family life. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.

Aims

The aim of RSE is to provide balanced factual information about physical and emotional changes, together with consideration of the broader emotional, ethical, religious, and moral dimensions of sexual health. Our RSE programme aims to prepare pupils for an adult life in which they can:

- develop positive values and a moral framework that will guide their decisions, judgements and behaviour.
- have the confidence and self esteem to value themselves and others and respect for individual conscience and the skills to judge what kind of relationship they want.
- understand the consequences of their actions and behave responsibly within personal relationships.
- avoid being pressured into uncomfortable or dangerous situations.



- communicate effectively by developing the appropriate language for sex and relationship issues.
- develop awareness of their sexuality, challenge sexism and prejudice, and promote equality and diversity.
- have sufficient information and skills to protect themselves in a variety of situations.
- be aware of sources of help and acquire the skills and confidence to access advice and support if necessary.

Organisation and Content of Relationships and Sex Education

Burnside Primary School specifically delivers relationships and sex education through its PSHCE Programme, RE and Science lessons at foundation stage, KS1 and KS2. Much of the relationship and sex education at Burnside Primary School takes place within PSHCE lessons. Teachers generally deliver the PSHCE curriculum with support from professionals where appropriate (e.g. school nurse).

Some parents prefer to take the responsibility for aspects of this element of education. They have the right to withdraw their children from all or part of the sex and relationship education except for those parts included in the statutory National Curriculum (i.e. in Science lessons). We would make alternative arrangements in such cases. Parents are encouraged to discuss their concerns and / or decisions with the Head teacher at the earliest opportunity. Parents are welcome to review any RSE resources the school uses.